



AMHS Bulletin

Alexander Mackenzie High School
300 Major Mackenzie Drive West, Richmond Hill, ON, L4C3S3
School Website: www.alexandermackenzie.hs.yrdsb.ca
School Email: alexander.mackenzie.hs@yrdsb.ca
Telephone 905-884-0554
Principal: Krista Luks
Vice Principal: Themis Drekolias and Helen Ho

Important Upcoming Dates

- May 5 - PA Day (No School)
- May 6 - SIN Clinic at AMHS 11am - 3pm
- May 6 - Sr/Varsity Girls Soccer @Thornhill
- May 7 - PISA international assessment 8:30 am (library)
- May 8 - Dance Expressions
- May 8 - Ultimate Frisbee @OLQ
- May 8 - Sr/Varsity Girls Soccer @AMHS
- May 9 - Sr/Varsity Girls Soccer @Father Bressani Catholic School
- May 12 - Ultimate Frisbee @ Langstaff
- May 12 - Sr/Varsity Girls Soccer @ AMHS
- May 13-15 - Theatre Showcase @ Theatre Aurora
- May 14 - Ultimate Frisbee@ AMHS
- May 15 - Grade 9 IB Science Rawlinson Park Field Trip
- May 19 - Victoria Day (No School)
- May 21 - Gallery Show @ Richmond Hill Public Library
- May 22 - Grade 11 IB Science Zoo Trip
- May 23 - Ultimate Frisbee Tournament @ AMHS
- May 26 - Fire Drill
- May 26 - Ultimate Frisbee @ Bayview
- May 28 - Fire Drill (Rain date)
- May 29 - Ultimate Frisbee @ Langstaff
- May 29 - Prom
- May 30 - StuCo Elections

School Cash Online

- Theatre Showcase
- Mustang Spirit Wear

School News

[June 4 School Carnival and Wellness Day](#)

On June 4 AMHS will be having its AMHS Carnival and Wellness Day. Students' classes will be running on an alternative schedule. Wellness and Carnival will begin at 1:00pm. More information to follow.

[Secondary School Vaping Update](#)

The Ontario Ministry of Education released [Policy/Program Memorandum 128](#) in the fall of 2024, which included a directive to school boards to set out enforcement mechanisms to address the possession, use and provision of tobacco, electronic cigarettes, nicotine products, recreational cannabis, alcohol and illegal drugs. We are pleased to announce that vape-detecting devices have been activated at AMHS. Administrators will be responding to alerts and progressive discipline will be applied to students.

All students have been given our Caring and Safe Schools Presentation which outlines the expectations for students, including not vaping or smoking on school premises or lottering in the washrooms. There are several safety concerns associated with vaping, both for the individuals involved and the rest of the school community.

Please remind your child of the seriousness of being in a space where other students are vaping or smoking as any vape detection will be addressed accordingly.

Thank you for your continued support to ensure a caring and safe school.

[School Calendar for 2025-2026 Year](#)

The YRDSB 2025-2026 school year calendars have been approved by the Ministry. These calendars may be accessed on the YRDSB website at:

<https://www2.yrdsb.ca/school-year-calendar>.

[Summer School 2025](#)

YRDSB Summer School information has been updated on their website. Sign-ups occur on myblueprint and will start on April 15th. Online courses go quick so be sure to set a reminder to register. Attached is the [site information](#) and the [registration instructions](#).

[School Spirit Wear](#)

Get ready to show your school spirit! Athletic Council is wrapping up the year with one final Mustang Spirit Wear Sale. You can purchase your spirit wear through School Cash Online for just \$26 (print) or \$29 (stitched). To finalize your order, please also scan the

QR code on the SCO page to specify your child's size and preferred colour design. Last day to purchase is May 8th.

Thank you for your support! – AthCo



College **Degree** Panel Presentation

Exclusive for **Gr. 10, 11, 12**
Students

Meet College Reps: Seneca, Humber,
Sheridan, Centennial and George Brown!

Sign up on School
Cash Online Now!
Space is Limited.

Reg. by May 5th!!

Where: AMHS. Library:
Date: May 7th, Period 2

Event Start Time: 10:00 a.m.
End time: 11:10 a.m.

MOBYSS

MAY Newsletter



Canadian Mental
Health Association
York and South Simcoe
Mental health for all

MENTAL HEALTH AWARENESS MONTH

Your mental health matters!

What is mental health?

- Mental health encompasses our emotional, psychological, and social well-being.
- It can influence the way we think, feel, act, and how we cope with life's challenges.
- Mental health is essential to your overall health and quality of life.
- Mental health can impact your ability to function effectively and contribute to society.
- Self-care can play a role in maintaining and supporting your mental health.

Come visit us at MOBYSS if you have any questions about mental health or if you are in need of support for your mental health!

MENTAL HEALTH TIP: MANAGING ANXIETY

- Ensure adequate sleep and nutrition
- Be mindful of social media use
- Incorporate daily activity into your routine
- Prioritize spending time with people that lift you up
- Limit use of stimulating substances, such as caffeine and nicotine
- Reach out to agencies such as CMHA-MOBYSS for support

CMHA VIRTUAL LINK



Scan this QR code
for more information
about CMHA

PHYSICAL HEALTH TIP

With summer around the corner, it's especially important to consider sun safety:

- Wear SPF daily
- Avoid the sun during high UV index periods
- Wear sunglasses and protective clothing when able

Come chat with the MOBYSS Nurse Practitioner to learn more!



MOBYSS 10TH BIRTHDAY!

On May 7th, MOBYSS is celebrating 10 years of supporting youth throughout the community! During the month of May, drop by MOBYSS for a birthday treat! We look forward to another 10 years!



Questions? Please see your guidance counselor about when MOBYSS will be visiting your school.

Board News

Black Foundation of Community Networks (BFCN) Scholarships and 2025 Scholarship Directory

Black Foundation of Community Networks (BFCN) 14th Annual Scholarships Application: This year, BFCN will be awarding four \$1000 scholarships to qualifying students pursuing education at an accredited Canadian University or College in September 2025. Two scholarships will be awarded to undergraduate students and two scholarships will be awarded to graduate students. **Learn more and register by July 31, 2025.**

Black Foundation of Community Networks (BFCN) 11th Annual Aim 2 Achieve Awards Application

The Aim 2 Achieve Award will recognize Black students who are celebrating achievement after facing adversity. This year BFCN will be awarding two Aim 2 Achieve awards. The recipients of the \$1000 award will be students graduating from a Canadian secondary school or CEGEP and who will be attending an accredited Canadian University or College in September 2025 to pursue undergraduate education. Perseverance and dedication are two qualities that the Aim 2 Achieve winners must embody and believe in. Achievement exists in many different forms and we want to hear about yours! **Learn more and register** by July 31, 2025.

Black Foundation of Community Networks (BFCN) Scholarship Directory 2025

The **BFCN Scholarship Directory** is a free, detailed, and up-to-date compilation of 50+ available scholarships, awards, and bursaries for youth pursuing post-secondary education primarily at the undergraduate level. This directory was created to support Black students and their families, educators, guidance counselors, and coaches search, find, and apply for funding opportunities.

York Regional Police Community Services



Event: Open Mic Night with YRP to highlight youth musical talents

Dates: Friday, April 18 - Friday, May 16 - Saturday, May 31

Location: Community Safety Village, 3291 Stouffville Rd., Whitchurch-Stouffville

Time: 6 to 8 p.m.

How to sign up: yrp.ca/calendar then select one or all of above dates

Contact for session: Sergeant Shawna Leitch, 1069@yrp.ca

Student Attendance

General inquiries and student attendance information can be sent directly to the AMHS attendance email address at alexandermackenziehs.attendance@yrdsb.ca.

You may also call the school Main Office directly at 905-884-0554.

If your child is arriving late to school due to an appointment or another reason, please ensure that you confirm their late arrival with a call or email to our attendance office. Thank you.